



# Stamp of Approval Development Services

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## **Parent Workshops**

Parent workshops are targeted sessions with a specific area or parent technique as a focus. The facilitator works with the participants to gain a better understanding of the topic. While the workshops are topic-specific, they are not “cookie-cutter” and are adapted to meet the needs of the participants through discussion, reflection, and real-life applications.

Stamp of Approval presents open workshops; however, schools, organizations or groups of parents can schedule private workshops specific to the needs of the participants. This makes for a more tailored development, to address the individual goals and needs of the group.

### **Currently Offered Parent Workshops:**

1. Understanding Your Parenting Style and Aligning It with Your Goals
2. Positive Guidance and Discipline
3. Building Meaningful Communication with Your Child
4. In-Control, Scream-Free Parenting
5. Setting Expectations through Action
6. Establishing Consistent Homework Routines and Study Habits
7. Promoting Choice and Decision-Making
8. You Are Not Your Child’s Friend: Saying No and Setting Limits
9. Navigating Special Education: Demystifying the Myths and Understanding Your Rights

### **Workshops Specific to Parents of Early Childhood Children**

1. When Am I Ready? Developmentally Appropriate Expectations
2. Early Intervention and Special Education Services
3. Separation Anxiety: How to Let Go While Holding On
4. Language Development: Supporting Your Child’s Language Through Daily Activities
5. Play: More than Just a Game (Play for Development)
6. I Can Do It: Supporting Independence
7. Supporting Social-Emotional Intelligence and Expression: Reshaping Tantrums